A healthy 52-year-old female pair of twin (a) presented a 4 days of insólite coincident history of erythema and pain on the back (b). Neither of them have any medical issues, medication or surgery history. They refer painful eruption 3 days before at the same time. The patients do not live or work together and they learned the similar eruption after of a telephone conversation between them. Physical examination revealed multiple vesicles on an erythematous base in both cases. One of them, the eruption was located in the upper back on the left size, although she referred pain distributed in a band-like along T2-T3 dermatome (c). On the contrary, the other twin had the eruption in the lower back on the right side (d). Despite the location is different, clinical images revealed the diagnosis of herpes zoster and both females were treated with oral aciclovir. The blistering and discomfort resolved in few days.

Twins reported that the first infection with varicella-zoster virus was when they were 3 years old as mild symptoms at the same time.

To our knowledge, simultaneous infections in twins have been reported as acute appendicitis or folliculitis decalvans [1-2]. However, simultaneous zoster in monozygotic twin has not been reported in current literature.

REFERENCES