Inter-Observator Variability and the Value of Histological Examination in the Classification of Ampullary Carcinomas

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Abstract

The ampullary carcinomas represent 7% of carcinoma arising in pancreatobiliary region. Adenocarcinoma is the dominant histological type, observed in 90% of cases. The determination of the intestinal or pancreatobiliary origin have a double interests; prognostic and therapeutic. The aim of this study is to evaluate the value of histological examination in determining the origin of ampullary carcinomas.

We reviewed 35 cases of ampullary tumors, collected in the Department of Pathology of Hassan II university Hospital of Fez (Morocco) over a period of 2 years. Two pathologists reviewed, independently, all the cases, without clinical or radiological information. They were based on histological criteria defined in the WHO classification of digestive tumours. The Kappa coefficient is used to assess agreement.

Our study showed a medium reproducibility of histological examination in the diagnosis of ampullary carcinomas, with good agreement for the intestinal type. The distinction between these histological subtypes is required given its prognostic and therapeutic implications. The standard histological examination allows in most cases the determination of intestinal or biliopancreatic origin, based on architectural criteria and cyto-nuclear. Using immune histochemical supplements prove necessary in the loss morphological criteria or discordant cases overlap.

INTRODUCTION

The ampulla of Vater is a vital structure traversed by important ducts and surrounded by the pancreas and the duodenum. The ampullary carcinomas account for 7% of Carrefour pancreatobiliary carcinomas [1]. Adenocarcinoma is the dominant histological type, observed in 90% of cases. The determination of the intestinal or pancreatobiliary origin have a double interests; prognostic and therapeutic [2]. Carcinomas of the pancreatobiliary subtype are found to be more aggressive than that of the intestinal subtype, since the 5-year survival is 48% for pancreatobiliary origin against 73% for intestinal origin. Similarly, for chemotherapy response, same authors have suggested that patients with pancreatobiliary-type carcinomas may benefit from gemcitabine therapy, and those with intestinal-type tumours may benefit from a 5-fluorouracil (5-FU)-based regimen [3].

MATERIAL AND METHODS

Clinical Data and Tumor Specimen Acquisition

This study was restricted to 35 patients with ampullary carcinoma collected in the Department of Pathology of Hassan II University Hospital of Fez (Morocco) over a period of 2 years. Ampullary carcinomas included in our study were identified from the pathology and surgery databases.

Data on clinical variables, including sex and age were gathered retrospectively from patients' reports. All specimens underwent gross anatomical examination according to the procedure described by Rosai, including evaluation of all anatomic structures.
in surgical resection (pancreatic duct, ampulla of Vater, common bile duct, and pancreatic head) [4].

**Histology**

All specimens were fixed in 10 % buffered formaldehyde and embedded in paraffin. The samples were sectioned at 5 µm and stained with hematoxylin and eosin. Histological diagnosis was re-examined by 2 independent pathologists (P1 and P2), without clinical or radiological information. All tumours were classified histologically according to the criteria published in WHO classification of digestive tumours [5] (Figure 1, Table 1) So, intestinal subtype carcinoma was defined as a tumour morphologically similar to colorectal carcinoma, it characterized from well-formed tubular to elongate glands, complex cribriform areas, and solid nests, composed of columnar cells with hyperchromatic and pseudostratified nuclei. So-called “dirty” necrosis was used as a feature supportive of intestinal subtype. Pancreatobiliary subtype carcinomas resembled to conventional pancreatic ductal adenocarcinoma and was defined as mostly consisting of simple or branching glands and small solid nests composed of cuboidal to low columnar cells and more rounded nuclei arranged in a single layer, often surrounded by desmoplastic stroma. Tumours with mixed pattern were classified according to their predominant component into the pancreatobiliary-type or intestinal-type group. Pancreatobiliary subtype carcinomas were classified as mucinous subtype. While those with a solid pattern or infiltrating single cells lacking any intestinal or pancreatobiliary morphology were classified as poorly differentiated carcinomas.

**Statistical Analysis**

Kappa statistics were used to assess the overall agreement and individual category agreement for histologic typing. A k value more than 0.8 was considered to indicate excellent agreement, a value between 0.6 and 0.8 was considered to indicate good agreement, a value between 0.4 and 0.6 was considered to indicate medium agreement, and a value between 0.2 and 0.4 was considered to indicate poor agreement (Table 2).

P-value of <0.05 was considered statistically significant.

The results of histology were compared with radiological data to evaluate the value of the histological examination.

**RESULTS**

**Demographics characteristics**

35 cases of ampullary carcinomas were reviewed by two pathologists. The cases were distributed between 61% women and 39% men. The average age is 58 years (33-86 years).

**Histological subtypes**

Pathologist 1 (P1) confirmed the intestinal subtype carcinomas in 30 (83%) cases and pancreatobiliary subtype carcinomas in 5 (17%) cases. Pathologist 2 (P2) confirmed the intestinal subtype carcinomas in 15 (42%) cases, pancreatobiliary subtype carcinomas in 14 (40%) cases, and poorly differentiated carcinomas in 6 (18%) cases. In radiology, the intestinal subtype carcinoma was suspected in 25 (71%) cases and the pancreatobiliary subtype carcinoma was suspected in 10 (29%) cases (Figure 2).

**Interobserver agreement of histologic classification**

When results of the independent review were compared, agreement of HES typing was achieved in 21 of 35 cases (60%). These included 16 (46%) for intestinal subtype, and only 5 (14%) pancreatobiliary subtype. Fourteen of the 35 case (40%) were discordant (Table 3, Figure 2).

The agreement between the two pathologists in the diagnosis

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**Table 1: Histological criteria defined in the WHO Book for diagnosis of ampullary carcinoma.**

<table>
<thead>
<tr>
<th>Histological subtype</th>
<th>Morphological criteria</th>
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<tbody>
<tr>
<td>Intestinal</td>
<td>Well-formed tubular, elongate glands, complex cribriform areas, and solid nests. Columnar cells with hyperchromatic and pseudostratified nuclei. “Dirty” necrosis.</td>
</tr>
<tr>
<td>Pancreatobiliary</td>
<td>Simple or branching glands, small solid nests, papillary and micro-papillary architectures could also occur. Cuboidal to low columnar cells and more rounded nuclei arranged in a single layer. Desmoplastic stroma.</td>
</tr>
<tr>
<td>Poorly differentiated</td>
<td>Solid pattern or infiltrating single cells lacking any intestinal or pancreatobiliary morphology.</td>
</tr>
<tr>
<td>Mucinous</td>
<td>Carcinomas that contained &gt;50% extracellular, nonluminal, mucin.</td>
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**Table 2: Signification of Kappa coefficient.**

<table>
<thead>
<tr>
<th>Kappa Coefficient</th>
<th>Signification</th>
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<tbody>
<tr>
<td>0.8-1</td>
<td>Excellent</td>
</tr>
<tr>
<td>0.6-0.8</td>
<td>Good</td>
</tr>
<tr>
<td>0.4-0.6</td>
<td>Medium</td>
</tr>
<tr>
<td>0.2-0.4</td>
<td>Poor</td>
</tr>
<tr>
<td>0-0.2</td>
<td>Negligible</td>
</tr>
<tr>
<td>&lt;0</td>
<td>Bad</td>
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The ampullary region is a transition zone between a biliopancreatic epithelium and intestinal epithelium. This explains the histological variation in ampullary adenocarcinomas: intestinal, pancreatobiliary, poorly differentiated and mucinous. The distinction between these histological subtypes is required given its prognostic and therapeutic implications [1].

Carcinomas of the ampulla of Vater represent 0.5% of gastrointestinal carcinomas and 7% of carcinomas arising in the region of the head of the pancreas [2]. Although uncommon, ampullary adenocarcinoma accounts for 90% of ampullary epithelial neoplasms, and its incidence has been increasing since 1973 [2,7].

Histologically, these tumors can resemble either intestinal-type carcinomas of the duodenum or pancreatobiliary-type carcinomas of the pancreas and bile duct, or they can be poorly differentiated, precluding further histologic categorization. The current classification of ampullary carcinomas relies on this distinction and also includes uncommon subtypes such as mucinous adenocarcinoma [4,5].

A definite diagnosis of ampullary carcinomas can still be made with current diagnostic tools. The diagnosis relies on radiological and histological confrontation. Histologically, there is not at present a "gold standard" to confirm intestinal or biliopancreatic origin. In fact, this diagnosis is founded on architectural and cytonuclear criteria that can orient towards any particular origin. The best histological signs were defined in the WHO classification of digestive tumours [5] and were re-evaluated in our series. The intestinal subtype is formed tubular to elongate glands, complex cribriform areas, and solid nests composed of columnar cells with hyperchromatic and pseudostratified nuclei. So called "dirty" necrosis was used as a feature supportive of intestinal subtype. The pancreatobiliary subtype resembles to conventional pancreatic ductal adenocarcinoma and was defined as mostly consisting of simple or branching glands and small solid nests composed of cuboidal to low columnar cells and more rounded nuclei arranged in a single layer, often surrounded by desmoplastic stroma [5,6].

Using systematic HES review, this study achieved a major observation. The histologic typing of ampullary carcinomas into intestinal, pancreatobiliary, mixed, mucinous, and poorly differentiated subtypes using the current definitions is feasible, with an overall concordance rate of 60% among two pathologists.

Similar to previous retrospective studies, we found that the majority (21/35) of ampullary carcinomas fulfilled the morphologic criteria for either intestinal or pancreatobiliary subtypes [1,3,7]. However, our interobserver variability study demonstrated that the agreement among observers even on these two major subtypes was "medium," with a k value of 0.42 (Table 5). Among the less common histologic subtypes, although excellent agreement among observers was obtained for poorly differentiated tumours. These findings highlight the difficulties in differentiating ampullary carcinomas of pancreatobiliary subtype from that of intestinal subtype. The difficulties reflect the fact that the morphology of these 2 subtypes can overlap: some nuclear pseudo stratification can occur in pancreatobiliary subtypes, as can luminal necrosis; intestinal subtype can have more simple glands; both subtypes can have some solid nests or even a frank micropapillary pattern. It should be further noted that the relatively medium reproducibility in this study may reflect a high level of experience with classifying ampullary carcinomas among the study authors.

In most studies [6-8] carcinomas of the pancreatobiliary subtype are found to be more aggressive than that of the intestinal subtype (5-yr disease survival rate of 48% vs. 73% [10]).
In other studies [5,9], however, such an association has not been observed or not proven to be statistically significant. Similarly, for chemotherapy response, small retrospective studies have suggested that patients with pancreatobiliary-type carcinomas may benefit from gemcitabine therapy, and those with intestinal-type tumors may benefit from a 5-fluorouracil (5-FU)-based regimen.

For these reasons, immunohistochemistry support for the morphologic classification of ampullary carcinomas is highly desirable, especially for pathologists without extensive experience in this arena.

CONCLUSION

Our study showed a medium reproducibility of histological examination in the diagnosis of ampullary carcinomas, with good agreement for the intestinal type. The distinction between these histological subtypes is required given its prognostic and therapeutic implications. The standard histological examination allows in most cases the determination of intestinal or biliopancreatic origin, based on architectural criteria and cyto-nuclear. Using immunohistochemical supplements prove necessary in the loss morphological criteria or discordant cases overlap.

REFERENCES