Review Article

The Journey of Protein S from an Anticoagulant to a Signaling Molecule

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Abstract

Protein S (PS), a γ -carboxyglutamate-containing serum protein, was unexpectedly discovered in 1977. Soon after its discovery, PS gained the attention of researchers because of its physiological importance, acting as a multifunctional protein at the intersection of blood coagulation, inflammation, and other cellular processes. Protein S functions as an anticoagulant by directly inhibiting procoagulants, such as Factor Xa (FXa), FVa, and FIXa, while also serving as a cofactor for anticoagulants such as Activated Protein C and Tissue Factor Pathway Inhibitor. By associating with C4b binding protein (C4BP), PS has also been shown to minimize the effect of inflammation. Finally, PS promotes efferocytosis through TAM family protein kinase receptors. Mutations in the PS gene cause pathological conditions such as deep vein thrombosis and hereditary ischemia. In this review, we summarize studies regarding the multiple functions of PS.

ABBREVIATIONS

SHBG-Sex Hormone Binding Globule; TFPI- Tissue Factor Pathway Inhibitor; APC- Activated Protein C PS- Protein S; TAM-Tyro-3, Axl, Mer; VSMCs- Vascular Smooth Muscle Cells C4BP-C4b Binding Protein

INTRODUCTION

In 1977, while purifying Protein C from bovine plasma investigators discovered a new γ -carboxyglutamate (Gla)-containing protein which they named Protein S (PS) after Seattle the city of its discovery [1]. In the ensuing years, PS has been established as a protein with a wide array of functions.

PS is secreted primarily by endothelial cells, megakaryocytes, hepatocytes, and Leydig cells [2]. These cells initially synthesize PS as a 676 amino acid precursor protein [3], which, upon cleavage of the signal and pro peptides, matures to a 635 amino acid protein composed of an N-terminal Gla domain, a thrombin-sensitive region (TSR), four Epidermal Growth Factor (EGF)-like domains, and a sex hormone binding globule (SHBG) [3]. Protein S circulates in the blood at a concentration of 350 nM, 60% of which is bound to complement component 4 binding protein (C4BP), with the other 40% denoted as 'free' [4]. Both forms of Protein S can act as anticoagulants, and their deficiency is associated with deep vein thrombosis and ischemic stroke [8,9]; furthermore, murine PS knockouts have been shown to result in embryonic lethality [5-7].

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DISCUSSION AND CONCLUSION

Anticoagulant function of Protein S

Protein S is an anticoagulant that prevents clot formation, while aiding in clot localization [10]. The anticoagulant activity of PS is exerted, either, by its direct interaction with procoagulants and their active forms, or by its co- enzymatic function with other anticoagulants (Figure 1).

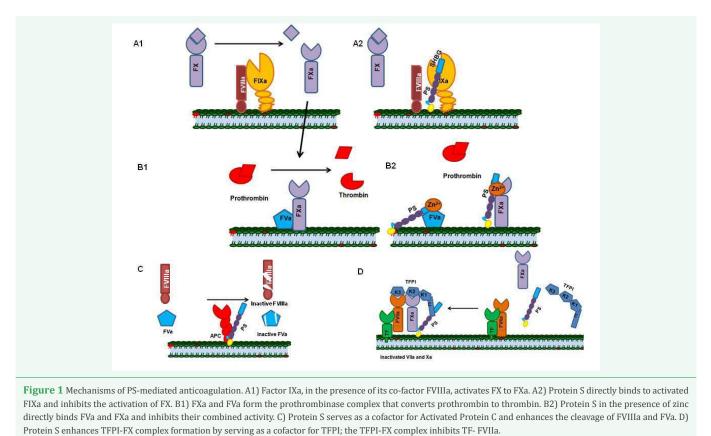
Co-enzymatic function of Protein S

Protein S is reported to be a cofactor for activated protein C (APC) and for Tissue Factor Pathway Inhibitor (TFPI) [10]. Protein S enhances the function of APC by a factor of 3-10, and PS stimulates the activity of TFPI by a factor of 3-5 [11-13].

Cofactor for Activated Protein C: Protein C is a zymogen, which is activated on the surface of endothelial cell membranes by cleavage by thrombin in the presence of thrombomodulin [14]. Activation of Protein C results in a negative feedback mechanism that regulates the coagulation cascade, because Activated Protein C (APC) inhibits Factor Va (FVa) and Factor VIIIa (FVIIIa) by cleavage [15-17]. APC cleaves the FVa heavy chain at Arg506, producing a partially inactive intermediate; further cleavage of FVa at Arg306 results in complete inactivation [16,17].

When not bound to PS, the proteolytic activity of free APC is weaker [18]. Studies of the interaction between PS and APC have revealed that the PS TSR, EGF1, and EGF2 domains are essential for its APC cofactor function; PS lacking its LG domains still functions as an APC cofactor in vitro but not in plasma [20].

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Furthermore, during coagulation, the APC cofactor activity of PS is down- regulated by FXa-mediated cleavage of PS within the TSR [19]. Ultimately the significance of the cofactor function of PS in regulating APC activity is undermined by the fact that APC can function without PS.

The 40% of free plasma PS was considered to be the only PS form that could act as a cofactor for APC, but later studies showed that PS bound to C4BP could also function in this manner [21]. The PS-C4BP complex is a weak cofactor for APC in vitro, whereas the same complex acts more effectively in plasma. By demonstrating that PS-Heerlen mutant (Ser460Pro) disrupts a consensus glycosylation site of PS, thereby destabilizing its free form, it was shown that the PS-Heerlen mutant bound to C4BP is stable and continues to retain the anticoagulant function of PS. Further work also challenged the APC cofactor function of PS in baboon models, wherein antibody-mediated blockage of APC did not inhibit the antithrombotic function of PS [22]; this suggested that PS functions in ways other than as a cofactor of APC.

PS as a cofactor for Tissue Factor Pathway Inhibitor (TFPI): Tissue Factor Pathway Inhibitor is a single-chain glycoprotein with Kunitz- type proteinase inhibitor domains; TFPI circulates at trace amounts in plasma (2.5 nM) [23]. Tissue Factor Pathway Inhibitor employs a two-step mechanism to modulate the tissue factor-mediated coagulation cascade [24]. The Kunitz-2 domain of TFPI binds directly to the active site of FXa, and this complex forms a quaternary complex with a TF-FVIIa complex [24]. PS interaction with the Kunitz- 3 domain and/or the C-terminal tail of TFPI enhances the TFPI and FXa interaction in the initiation phase of coagulation. However, the

PS-TFPI complex inhibits only the FXa that escapes the VIIa-TF-Xa-TFPI complex, [25,26].

Moreover, cofactor activity of PS in regulating TFPI could not be verified in vivo since mouse plasma lacks TFPI.

Direct inhibition of Protein S with procoagulants and their active forms

Plasma contains a number of procoagulants and their cofactors, which are vital for proper clot formation [27, 28]. FIX, FVII and FX are the major procoagulant zymogens, whereas FVa and FVIIIa act as cofactors for FXa and FIXa, respectively [29-33]. Recent evidence shows that PS can interact directly with some procoagulants and their cofactors, thereby inhibiting thrombin generation and clot formation [34-38].

PS interaction with FV, FVa and FXa: Factor V is a 330-kDa single-chain polypeptide secreted by hepatocytes, circulating in plasma as a procoagulant at a concentration of 20 nM [32,33].

Thrombin activates FV to FVa by cleaving at FV Arg709, Arg1018, and Arg1545 [32,39-41]. Factor Va binds with high affinity to FXa and forms the prothrombinase complex [41]. Interestingly, the zymogen form of FV can act as an anticoagulant by forming a complex with Protein S to enhance the PS-APC-mediated proteolytic inactivation of FVa [38]. In addition to working cooperatively with FV, Heeb et al., demonstrated that FVa directly binds in a calcium-dependent manner to immobilized zinc-containing PS through the heavy chain of FVa, with a Kd of 33 nM [36].

Factor X is a 59-kDa glycoprotein composed of a Gla domain, two EGF- like domains, an activation peptide, and a catalytic domain [42,43]. Factor X circulates in the plasma at a concentration ~130 nM [42,43] and upon clotting, FIXa-FVIIIa or FVII-TF complexes activate FX [43-45]. Upon activation, Factor Xa binds to FVa and this 'prothrombinase' complex converts prothrombin to thrombin [46,47]. Heeb et al., demonstrated that FX can directly interact with immobilized, zinc-containing PS; furthermore, competitive binding studies demonstrated that zinc-containing PS inhibits FX with a Ki of ~25 nM [37].

However, physiologically, zinc is not associated with plasma PS, and a novel isolation procedure was used to prepare the zinccontaining Protein S, suggesting that the physiological importance of zinc-containing PS requires further evaluation [37,48].

PS directly interacts with FIXa and inhibits its activity: Factor IX is a 55-kDa single-chain polypeptide zymogen that circulates in the plasma at a concentration of 70-90 nM and is activated by FXIa [49,50]. In the presence of FVIIIa, FIXa activates FX to FXa, and this activation step plays a key role in the intrinsic pathway of blood coagulation [28].

Chattopadhyay et al., demonstrated that FIXa in the absence or presence of FVIIIa interacts with PS with a Kd of 40 nM, and this interaction inhibits the activation of FX. Low levels (0.4 pM) of TF directs thrombin generation through the intrinsic pathway, and thrombin generation is inhibited (~92%) by the addition of PS to the PS-deficient plasma, revealing the physiological significance of PS- mediated FIX inhibition [51]. Further, Chattopadhyay et al., showed that PS inhibits the intrinsic Xase complex (FIXaFVIIIa complex) by inhibiting FIXa in the presence or absence of FVIIIa [51]. This work explained the anticoagulant mechanism of PS in inhibiting one of the most important complexes in blood coagulation, the intrinsic Xase.

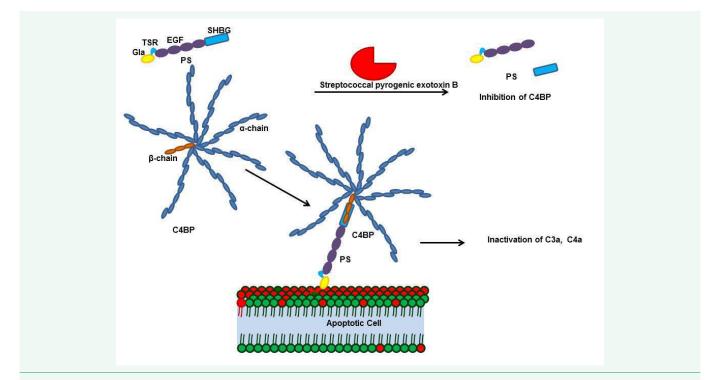
PS-C4BP COMPLEX

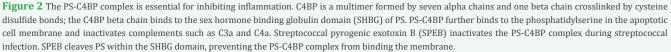
Complement component 4 binding protein is a 570-kDa glycoprotein that circulates in the plasma with a concentration of ~350 nM [4,52]. C4BP exists in several isoforms that differ in their combination of alpha and β chains; ~80% of circulating C4BP consists of seven identical alpha chains (70 kDa) and one β chain (45 kDa) [52]; C4BP forms a high affinity complex (Kd ~ 100 pM) with PS in 1:1 stoichiometric ratio by means of an interaction mediated by its β -chain [4,53,54].

The PS-C4BP complex links the coagulation cascade and the inflammation pathway by interfering with the anticoagulant function of PS by modulating its APC cofactor affinity [4,53,54]. PS enhances C4BP binding to the phosphatidylserine moieties of apoptotic cell membranes, by means of its Gla domain; this results in the inhibition of inflammation in the vicinity of dying cells (Figure 2) [4,53,54].

PROTEIN S IN THE TYRO-3, AXL, MER (TAM) FAMILY RECEPTOR SIGNALING CASCADE

Tyro-3, Axl, and Mer receptors are tyrosine kinases that are grouped in a family based on their sequence similarities [61]. These receptors share a common architecture having N-terminal immunoglobulin-like (IG) domains followed by fibronectinlike domains and a single-pass alpha helical domain [61]. The





receptors also contain an extracellular domain that binds ligands such as PS and the growth arrest-specific 6 (GAS-6) protein [62]. TAM family receptors are expressed in a wide variety of cells, including cells of the immune, nervous, reproductive, and vascular systems [2]. These receptors transduce a wide range of signals, e.g., signals for cell survival, metastasis, apoptosis, and differentiation. PS-TAM receptor signaling is involved in processes such as regulation of inflammation, vasculogenesis, angiogenesis, and metastasis (Figure 4) [63-67].

The Gla domain of PS binds to the phosphatidylserine present in the membranes of apoptotic cells and, simultaneously, the PS SHBG domain forms a bridge with a TAM receptor on macrophages [68,69]. This bridge enhances phagocytosis of the apoptotic bodies, thereby preventing exposure of antigens from the apoptotic cells [67-69]. PS-TAM signaling inhibits inflammation by inhibiting p38 mitogen activated protein kinase (MAPK), extracellular signal regulated kinase-1 (ERK1)/ ERK2, nuclear factor-kB (NFkB), tumor necrosis factor (TNF)receptor-associated factor 3 (TRAF3) and TRAF6, while also activating protein-1 interferon regulatory factors such as TNFa and IL6 [70]. Toll-like receptor signaling is blocked by inhibition of the activities of all these kinases and factors [2,71]. TAM signaling-mediated inhibition of inflammation further enhances expression of suppressors of cytokine signaling (SOCSs), and SOCSs play a key role in regulating inflammation [2,71]. PS-TAM signaling also protects the integrity of the blood-brain barrier (BBB) during ischemic/hypoxic stroke [72]. By activating the PI3/AKT pathway, PS-Tyro-3 signaling protects neurons from excitotoxic injury, and this signaling enhances phosphorylation of antiapoptotic proteins such as Bcl-2 and Bcl-XL [73]. Further, the association of PS deficiency with ischemic stroke indicates the importance of PS in protecting the BBB and neurons [9].

Protein S knockout mice die due to defective extension and remodeling of the primary vascular network, which suggests that PS plays a vital role in vasculogenesis [5]. Similarly, PS-Axl expression in vascular smooth muscle cells (VSMCs) is essential for VEGF- α induced vascular permeability and angiogenesis [74,75]. In contrast to the role of PS in VSMCs, PS-Mer signaling antagonizes VEGF- α signaling on endothelial cells and further inhibits angiogenesis [76]. The role for PS in tumor metastasis is controversial [67]. PS deficiency caused by an A > G nucleotide substitution at position 1907 is associated with colorectal cancer, whereas PS and TAM receptor expression are unregulated in a variety of cancers [67,77,78]. A role for PS over expression in cancer cells is yet to be determined [67].

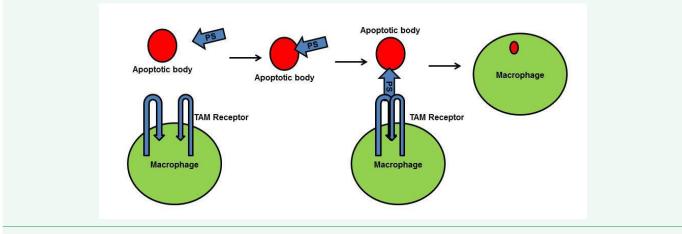
GENE REGULATION AND PS DEFICIENCY

The PS gene is located on Chromosome 3 at 3q11.2, and the gene spans 101 kb of genomic DNA [79,80]. The PS gene is composed of 15 exons and 14 introns [80,81]. The 5' promoter region of the PS gene contains binding sites for transcription factors such as Sp1, estrogen receptor (ER), progesterone isoform B (PR-B), FOXA2, CRE/ATF, NFY, STAT3, and C/EBPb (Figure 3) [67,82-86].

Transcription factor Sp1 has four binding sites within 370 bp proximal to the PS promoter [83]. Sp3 also binds to the Sp1 DNA consensus sequence of the PS gene promoter [83]. Thus, it has been hypothesized that dysregulation of Sp1 in cancer cells causes PS over expression [83,86,87].

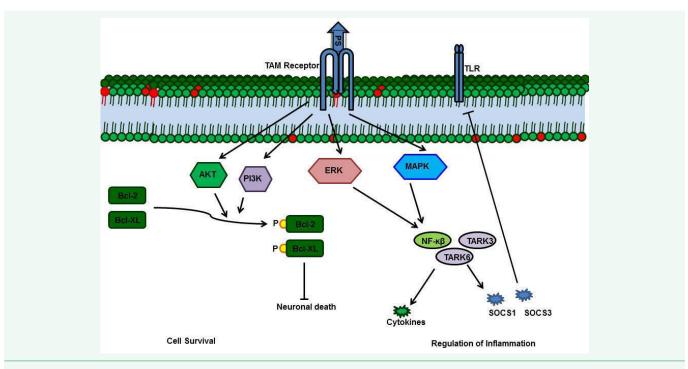
PS is also regulated by hormones such as progesterone and estrogen [87]. Progesterone promotes PS expression by 25% [67,84], while Estrogen down-regulates PS expression by promoting ER binding to promoter-distal GC-rich motifs of the PS gene [85]. ER binding to the GC rich motif recruits the RIP140 and HDA3 complexes that deacetylate histones; in turn, expression of PS ceases, and this repression is responsible for the deep vein thrombosis (DVT) that occurs in pregnant women and women using estrogen-containing contraceptives [67,85]. PR-B promotes PS expression by binding directly to the PS promoter at a consensus sequence between bp -397 and -417 [84].

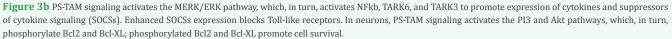
Interleukins play major roles in regulating inflammation. Interleukin 6 (IL6) stimulates transcription factor STAT3; STAT3 binds to the PS promoter at -220 bp and promotes PS expression, which plays a vital role in regulating inflammation [67,88]. PS expression and function are altered by mutations in the PS gene [79].



To date, more than 200 mutations in PS have been mapped;

Figure 3a Functions of PS-TAM receptor signaling. A) The Gla domain of PS interacts with phosphatidylserine on the apoptotic cell membrane, and the SHBG domain of PS forms a crosslink with a TAM receptor on a macrophage. This crosslink promotes phagocytosis of the apoptotic cell.





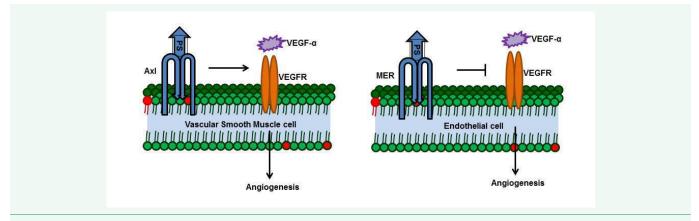


Figure 3c PS-Axl enhances VEGF1a signaling and enhances angiogenesis in vascular smooth muscle cells, whereas PS-MER antagonizes VEGF signaling in endothelial cells.

these mutations have been found to cause three classes of PS deficiency [89,90]. In type I deficiency, the total amount of serum PS is decreased, in type II deficiency, the total PS amount is unchanged, but the APC cofactor function of PS is altered, and, in type III deficiency, the total PS amount is unaltered, but both free PS and its cofactor activity are decreased [79].

Several mutations in the PS gene, which are responsible for PS deficiency and altered PS function, are shown in Figure (5). A C >T mutation at -168 in the promoter region alters Sp1 transcription factor binding, which is responsible for a 38% reduction in free PS and a 68% reduction in total PS [91]. Mutations pPro15His and pVal18Glu in the signal peptide prevent PS secretion and lead to degradation of PS in the cytosol [92,93]. Mutations in the pro-

peptide (Arg40Leu and Arg40Leu) cause type II PS deficiency because the mutations prevent maturation of the protein [94]. Mutations in the Gla domain alter PS function and cause misfolding of the protein, thereby destabilizing PS [79]. An example of a Gla domain mutation is Phe72Cys that creates a destabilization cavity in the Gla domain and promotes PS degradation [95-97]. The Glu67Ala mutation prevents carboxylation of Glu and causes type I PS deficiency [96]. The pGly52Asp mutation causes a 5-fold loss of affinity for phospholipids and a similar reduction in PS anticoagulant activity [98]. Similarly, the pAla68Asp mutation causes loss of Ca²⁺-induced phospholipid interaction [96]. Mutations Arg111Ser, Arg101Cys, p.Arg90His, and Arg90Cys prevent thrombin-mediated cleavage of the PS TSR, and these mutations impair the APC cofactor activity of PS [19,95,99,100].

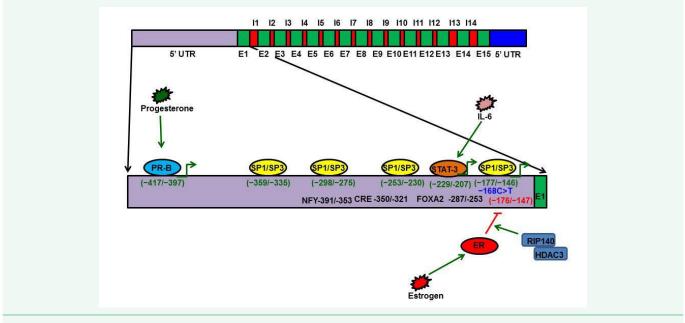


Figure 4 Protein S gene regulation. The PS gene is composed of 15 exons and 14 introns. The PS promoter has four Sp1 and Sp3 transcription factor binding sites (-359/-335; -298/-275; -253/-230; -177/-146). A C>T mutation at -168 has been identified in a PS-deficient individual, and later studies have reported that this -168 substitution disrupts Sp1 binding and reduces PS expression. During inflammation, IL-6 promotes PS expression through the STAT-3 transcription factor. STAT3 binds the PS promoter at a consensus sequence located at -229/-207. Progesterone promotes PS expression through Progesterone isoform B (PR-B). PR-B binds the PS promoter at -417/-397. Estrogen activates Estrogen receptor (ER) and the activated ER binds to the PS promoter at -176/-146 to recruit RIP-140 and HDAC3, which, in turn, deacetylate histones and inactivate PS gene expression.

Mutations: Cys121Tyr, Cys154Phe, Cys175Phe, Cys186Tyr, Cys228Ser, Cys241Ser, Cys265Trp, and Cys267Ser cause destabilization of PS by impairing disulfide bond formation in the EGF domains [79]. The Asn258Ser mutation impairs Ca²⁺ binding to the EGF1 domain, causing misfolding of the protein such that PS secretion is reduced by 70%. Similarly, the APC cofactor function of PS is reduced by 50% in Glu204Gly, Asp245Gly, and Thr144Asn mutants [101].

Mutations in the LG domains are also common; for example, mutations in Cys288-Cys568 of the LG domains destabilize PS and lead to impaired secretion of PS [79].

CONCLUSION

We began this review by noting that the "S" in Protein S stands for the city in which the protein was discovered. We conclude this review suggesting that "S" also stands for survival because knockout of the PS gene is embryonic lethal, and mutations in the PS gene cause pathological conditions such as DVT and hereditary ischemic stroke. Protein S is involved in many cellular activities, including inhibition of the blood coagulation cascade, inhibition of inflammation, clearance of apoptotic bodies, angiogenesis and cell survival. Protein S functions as an anticoagulant by inhibiting FIXa and by serving as a cofactor for APC and TFPI. Although the minimal domain(s) of PS required for its anticoagulant function is/are not known, identification of such a minimal domain will enable pursuit of therapy for thrombophilic patients. PS-Axl enhances VEGF signaling in VSMCs, whereas PS-Mer antagonizes the VEGF signaling in endothelial cells; these opposite effects highlight the existence of functional diversity in PS-TAM receptor signaling. This diversity is waiting to be probed in greater detail.

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