

## Case Report

# Total Femoral Allograft with Simultaneous Revision Total Hip and Knee Arthroplasty; 18 Year Follow-Up

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## Abstract

Massive allograft can be a useful option in revision total joint arthroplasty for treatment of significant bone loss. In rare cases, revision hip and knee arthroplasty procedures can be performed simultaneously using massive allograft-prosthetic composites. We present an 18 year follow up of a patient who received a simultaneous revision hip and knee total femoral allograft and discuss recent literature as it relates to this case.

## CASE STUDY

A 79-year-old female with severe rheumatoid arthritis underwent right total femoral allograft with simultaneous THA revision and TKA revision in 1996. The massive allograft was used for treatment of a distal femoral periprosthetic fracture with persistent non-union despite several surgical interventions attempting to achieve bony union. Two weeks post-op, she did have a dislocation that was closed reduced and treated with a single leg spica cast for a period of six weeks. She was seen at two years having returned to her pre-fracture level of function, ambulating with a cane, WBAT and doing well. At three years she was seen, also doing well, with a Harris Hip Score of 75 at that time. Office notes were reviewed at 8 and 10 years, where she stated no pain in the right hip and that she was doing well, with no additional procedures to the right hip noted during the interval. The patient continued to do well and was very functional for over 17 years post-operatively. This patient and method were previously described by Urch and Moskal [1].

After nearly two decades with a well functioning prosthesis the patient was diagnosed with acute MRSA sepsis and bacteremia of unknown origin. She was hospitalized for several weeks in another facility and was in the ICU secondary to concern for sepsis related cardiac events. She was found to have an infected pacemaker that was subsequently removed. She was treated with IV antibiotics and recovered sufficiently to be discharged from the hospital. Two weeks after discharge she developed right hip and knee pain. Clinical evaluation showed a right knee effusion and an aspiration revealed 15,655 WBCs with 83% neutrophils. Given her TKA infection and hip pain with probable infection of her entire allograft, removal of her

entire component was recommended. Because of her advanced age and multiple medical comorbidities, hip disarticulation was recommended, as it was not felt she could safely tolerate staged revision with antibiotic spacer. Additionally, debridement and chronic antibiotic suppression were also discussed, however due to the size of her allograft; complete debridement would be difficult with significant risk of recurrence.

Intra-operative findings noted full incorporation of her allograft and continued mechanical stability. A tract was identified at the time of surgery between areas of the allograft and the outer host bone that was closed and cabled around the allograft during the initial procedure. Purulent material tracked from the TKA components proximally to the THA components and prosthetic infection of the hip was confirmed. The patient has since healed her disarticulation incision site well with no signs of recurrent infection and has been able to transfer herself from bed to wheelchair without assistance.

## DISCUSSION

The surgical options for managing patients with excessive bone loss have evolved over the past century. These options have also been greatly impacted by the advent of THA and TKA. The first review of massive bone allografts dates back to the early 1900s by Lexer, while the first femur allograft procedure was described in 1965 by Buchman [2,3]. Before that, the only options were amputation or hip disarticulation. Resection arthroplasty became a viable option when the need to retain the limb or salvage an extremity was greater than the need for an amputation, or when there was concern that a patient could not tolerate a more extensive procedure. As treatment protocols evolved and the



**Figure 1** AP Pelvis and Lateral Right Hip 17 years Post Op Total Femoral Allograft.



**Figure 2** AP Pelvis and Lateral Right Hip 17 years Post Op Total Femoral Allograft.



**Figure 3** AP and Lateral Right Knee 17 years Post Op Total Femoral Allograft.

ability to replace bone loss became more practical, the pendulum swung toward limb salvage in the majority of cases. The ability to retain mobility and range of motion using metal arthroplasty for degenerative joint disease and other pathology further advanced retention of a functional limb to aid in mobility. This case update looks at selected literature since our patient was first presented in *Journal of Arthroplasty* in 1998.

Patients in need of these procedures usually fall into two subsets: bone loss due to tumor/malignancy or bone loss associated with total joint arthroplasty. In 2010, Ruggier reviewed results of patients who received either megaprosthesis or an allograft for a tumor diagnosis. The review comprised of 23 patients over 19 years. Six patients continued to be disease free, 13 died from malignancy at an average of 17 months post-op, one had no evidence of disease after remission, one was alive with



**Figure 4** AP and Lateral Right Knee 17 years Post Op Total Femoral Allograft.



**Figure 5** Intra-Op photos showing sinus tract between allograft and host bone during hip disarticulation.



**Figure 6** Intra-Op photos showing sinus tract between allograft and host bone during hip disarticulation.



**Figure 7** Post Op AP Pelvis S/P R Hip Disarticulation.

disease in stable condition, and two were lost to follow-up. Five out of 21 (24%) had complications requiring revision surgery, 2 infections and 3 mechanical failures. Importantly, it should be noted all patients in this review underwent hemiarthroplasty of their hip without placement of an acetabular cup [4].

Amanatullah, et. al. in JOA in 2014 (Manuscript accepted) reviewed 20 non-tumor related allografts. Overall infection rate was 35%, average follow-up was 73 months, overall instability was 25%, and a HHS score increase of 35 points on average in functional scoring between pre-op and post-op was noted. Additionally, as opposed to the Ruggier review, no hemiarthroplasties were performed in this cohort with all implants including acetabular replacement [4,8].

Another orthopedic oncology based review from Puri et. al. in India reported on 8 patients that received a total femoral prosthesis at an average of 32 years old. One infection required hardware removal, but 7 of 8 still had functional use at 5 years. A Kaplan Meier survival score of 88% of the prosthesis persisted at the time of publication. One other element of interest from this publication, the implant that was used was locally manufactured and cost only \$2000. It was noted that similar hardware used internationally would average a cost more than 9 times this amount, or \$18,000. This could prove to be fiscally significant in a time of constant cost analysis and call for savings<sup>5</sup>.

Mankin reviewed 15 patients over a 23-year period; the majority of which had procedures performed for tumor related processes. Ten of the 15 patients had procedures with TKA and THA allograft composites implanted similar to our case study, whereas the other 5 underwent replacement with megaprosthesis. Seven patients were still living with well functioning prostheses, but eight patients died during that time. Of note, the two non-oncologic patients in this group, one was a Paget's disease patient and one with osteonecrosis, were alive at follow up, showing the potential effectiveness of this procedure on a non-oncology condition. Mankin showed that there were no functional differences between the 10 allografts and the 5 megaprosthesis. There were no dislocations in the group and also only one irrigation and debridement washout with implant retention for treatment of infection. Trendelenburg gait tended

to be higher in patients with all metal devices versus patients with allografts prosthetic composites [6].

Muscolo et. al. Reported on 6 cases of femoral allograft followed for 22 to 36 years. This review included three intercalary grafts, one entire femoral allograft, and two osteoarticular allografts. The entire femoral allograft had low functional scores due to walking limitations, but pain was not a limiting factor for this patient. Four allografts did have fractures, and with 3 going on to healing and retained a good functional status post-intervention. Otherwise, MTSS functional scores averaged 82% and this study showed potential longevity up to 36 years in these patients [7].

Jones, et. al. reviewed 54 total femoral replacements from 3 institutional databases with a very thorough functional score analysis. The analysis included 41 fixed bearing knees, 13 rotating hinge knees, 37 hip hemiarthroplasties, and 17 total hip arthroplasties. The functional scores from the 54 TFRs were compared to patients with proximal femoral replacements (n=31) and distal femoral replacements (n=85). Toronto Extremity Salvage Scores were utilized for functional analysis. There was no significant difference in rotating platform versus fixed bearing TKA or in hemiarthroplasty versus total hip replacement patients. The functional scores of the TFRs were significantly less than those of the PFRs and the DFRs both. Additionally, mechanical complications noted were 5 hip dislocations, 4 of which were noted to be due to abductor deficiency on surgical re-evaluation [9].

Haddad, et. al. performed a review of proximal femur allografts, but not entire femoral allografts, and raised several good points that bear mentioning. There are noted advantages and disadvantages for using allografts in these patients. The ability of allografts to incorporate with host bone and allow for soft tissue attachment may enhance stability in these patients, improving function and satisfaction. The disadvantages also have to be considered, however, which include the potential for disease transmission, immune response, graft resorption, and the length of time required for graft-host union. Unrestricted weight bearing may not be allowed for 3-6 months depending on graft incorporation. If weight bearing is attempted early, the risk of loosening increases if in-growth has not been achieved. Additionally, there may be a need for bracing post-op to allow soft tissue healing and to enhance stability. Haddad, et. al. also noted infection rates in proximal femoral allografts alone can be as high as 4%-13% [10].

In conclusion, despite the advancement of engineering and technology, the total femoral allograft remains a valid treatment option in the patients with ipsilateral hip and knee bone loss who require revision. The longevity of these constructs can last over 30 years in the medically appropriate candidate<sup>7</sup>. There is some evidence showing this method, due to soft tissue healing potential, may enhance abductor functioning and alleviate limp in some patients, as compared to some megaprosthesis designs that do not facilitate greater trochanter capture<sup>6</sup>. Infection rate is always a concern, with reported rates between 6% and 35% [4-8]. Our patient had a history of severe rheumatoid arthritis, which may have led to her long prosthetic survival with low functional demands; however it may have contributed to her infection with immune system compromise allowing for seeding

of her prosthesis during systemic bacteremia. Her risk also was substantially elevated secondary to the number of procedures she had on her right lower extremity, hip and knee, before the allograft was placed. Four hip procedures (primary THA plus 3 revisions) and three knee procedures (ORIF times two and then primary TKA) were noted before the allograft was placed and would have increased her chances of acquiring infection during every intervention. However, the functional benefits she achieved over the 17 years since her procedure, combined with the literature review of similar procedures outcomes, allow this treatment to be considered an acceptable alternative to reconstruction with total femur replacement.

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