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#### Short Communication

# Scaphal Autograft for Secondary Nasal Dorsum Repair

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# Abstract

The reconstruction of the nasal dorsum can be difficult in certain secondary cases, when there is a loss of volume; The usual technique consists generally in taking a bone, or a cartilaginous graft, or resorting to a silicone foreign body, among others techniques; Among the cartilaginous grafts available between the costal cartilages or the ear concha, we can add a rather unknown donor site: the scapha, which allows to take a long flat cartilaginous graft 4 to 7 cm long, behind the fold of the antihelix, which structure it should be preserved; around forty patients have been operated on since 1990 by the author, with a favorable and stable result over time.

# **INTRODUCTION**

The reconstruction of the nasal dorsum can be difficult in certain secondary cases, when there is a loss of volume; The usual technique consists generally in taking a bone, or a cartilaginous graft, or resorting to a silicone foreign body, among others techniques; Among the cartilaginous grafts available between the costal cartilages or the ear concha, we can add a rather unknown donor site: the scapha, which allows to take a long flat cartilaginous graft 4 to 7 cm long, behind the fold of the antihelix, which structure it should be preserved; around forty patients have been operated on since 1980 by the author, with a favorable and stable result over time [1].

# **MATERIALS AND METHODS**

# The technique for removing the scapha cartilage by a posterior approach

- 1. Local anesthesia with dilute adrenaline lidocaine, Including the anterior surface to be able to remove the cartilage more easily
- 2. posterior ear incision, 4 to 7 mm behind the free edge of the ear
- 3. passage under posterior perichondral detachment on demand, of the future cartilage graft
- 4. 2 parallel incisions are realized on the scapha, allowing to define a tongue from 5 to 7 cm long
- 5. Detachment of the tongue from the anterior skin surface of the scapha, with a soft elevator
- 6. Scapha removal by cutting the ends of the graft
- 7. Hemostasis

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#### **Keywords**

- Rhinoplasty; Secondary rhinoplasty; Saddle nose; Scapha graft; Antihelix
- 8. Sutures of the skin incision with absorbable thread
- 9. Cleaning of the removed cartilage, placed in physiological saline

# **RESULTS AND DISCUSSION**

#### Results

About 40 cases have been operated on since 1994; although we do not have a very exact count of patients reviewed in the long term, the fact remains that 5 or 6 patients had an insufficient result; the vast majority of patients are extremely satisfied with the result, especially since the operation is simple; We did not observe, in this short series of cases, any infection, or a keloid scar; a photo of a 26-year-old case is shown in this article (Figure 1-15).

## Discussion

**Benefits of scapha cartilage:** The intervention is very simple, it removes cartilage in the same operating field; unlike costal cartilage, This thin cartilage will not tend to twist, or, like the iliac bone graft, give a rigid nose with a hard tip; the cartilage, once removed from the ear, makes it possible to obtain a longer, flat, a thin dorsum, in one piece, better than if a conchal graft was is used.

**Indications of scapha cartilage:** Several deficient structures of the nose can be improved by scapha cartilage:

Firstly, the longitudinal defects of the nasal bridge, because the narrowness of the graft allows the dorsum to be nicely redone;

Second, defects in the wing cartilages, whether asymmetry, an iatrogenic rupture, or a projection of the tip

Third, scapha cartilage can be used to support an insufficient

nasal septum, to fill a hollow between the clean bone and the septum, revealing an unsightly indentation.

**Disadvantages of scapha cartilage:** The amount of usable cartilage is low, although we can use the two scaphas of the ears to insert a double thickness of cartilage; Once removed the cartilage can curl discreetly on itself; it is possible to crush it in a Jost crusher, or to incise discreetly the cartilaginous graft on the concave side. Our patients who obtained an insufficient result by the scapha method, benefited in 4 cases from a silicone implant of Shirakabe. And another recent case has been corrected for perceived insufficiency of dorsal projection, by injection of a dense hyaluronic acid.

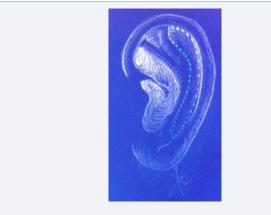


Figure 1 Scaphal groove drawing.



Figure 2 A Posterior Incision is used.



Figure 3 The Subperichondral Dissection.



Figure 4 Exemple of an Onlay Scaphal Partial Graft.



Figure 5 Exemple of an Alar Onlay Graft.



Figure 6 Patient A before Revision Rhinoplasty.



Figure 7 Patient A; one year after Scaphal Autograft to Dorsum.

# **CONCLUSION**

Grafting of the cartilage taken behind the ear , the Scapha graft, makes it possible to obtain a narrow and long tongue of thin cartilage; this graft preserves the anatomy of the ear, and keeps the fold of the super antihelix; even, in some cases, it helps to stick a little protruding ear; the cartilage of the scapha has allowed, us in almost 40 cases, to obtain a satisfactory result, in order to correct a saddle nose, an asymmetrical tip due to a defect in an alar cartilage, or to create a columellar strut more flexible

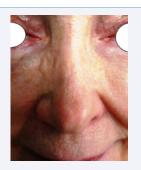


Figure 8 Patient B; good appearance 26 years after a scaphal graft.



Figure 9 Patient B, the profile after 26 years.



Figure 10 Patient B, Normal Ear.



**Figure 11** Ppatient B, the result after graft take, notice the minimal deformity.

than a bone graft; the scapha graft is thus a good alternative to be used instead or with the conch of the ear.

# REFERENCE

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Figure 12 patient C, the saddle nose before.

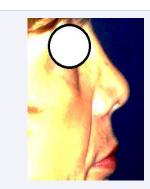


Figure 13 Patient C, result after one year.



Figure 14 Patient C, face view before.



Figure 15 Patient C, face view after.