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#### **Research Article**

# Effect of Liposomal Clodronate-Dependent Depletion of Professional Antigen Presenting Cells on Numbers and Phenotype of Canine CD4<sup>+</sup>CD25<sup>+</sup>FOXP3<sup>+</sup> Regulatory T Cells

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#### Abstract

Regulatory T cells (Tregs) are known to control autoreactivity during and subsequent to the development of the peripheral immune system. Professional antigen presenting cells (APCs), dendritic cells (DCs) and monocytes, have an important role in inducing Tregs. For the first time, this study evaluated proportions and phenotypes of Tregs in canine peripheral blood depleted of professional APCs, utilizing liposomal clodronate (LC) and multicolor flow cytometry analysis.

Our results demonstrate that LC exposure promoted short term decreases followed by significant increases in the proportions or absolute numbers of CD4<sup>+</sup>CD25<sup>+</sup>FOXP3<sup>+</sup> Tregs in dogs. In general, the LC-dependent Treg fluctuations were similar to the changes in the levels of CD14<sup>+</sup> monocytes in Walker hounds. However, the proportions of monocytes showed more dramatic changes compared to the proportions of Tregs that were visually unchanged after LC treatment over the study period. At the same time, absolute Treg numbers showed, similarly to the levels of CD14<sup>+</sup> monocytes, significant compensatory gains as well as the recovery during the normalization period. We confirm the previous data that CD4<sup>+</sup> T cells with the highest CD25 expression were highly enriched for FOXP3. Furthermore, for the first time, we report that CD4<sup>+</sup>CD25<sup>low</sup>FOXP3<sup>+</sup> is the major regulatory T cell subset affected by LC exposure. The increases within the lowest CD25 expressers of CD4<sup>+</sup>FOXP3<sup>+</sup> cells together with compensatory gains in the proportion of CD14<sup>+</sup> monocytes during compensatory and normalization periods suggest the possible direct or indirect roles of monocytes in active recruitment and generation of Tregs from naïve CD4<sup>+</sup> T cells.

#### ABBREVIATIONS

**APCs:** Antigen presenting cells; **Tregs:** regulatory T cells; **nTregs:** naturally occurring regulatory T cells; **iTregs:** induced regulatory T cells; **FOXP3:** forkhead box P3; **DCs:** dendritic cells; LC: liposomal clodronate; IL-R: interleukin receptor; CBC: complete cell count; FITC: fluorescein; PE: Phycoerythrin; APC: allophycocyanin; FSC: forward scatter; SSC: side scatter; PBMC: peripheral mononuclear cells; ANOVA: analysis of variance;

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#### **INTRODUCTION**

Abnormalities of peripheral tolerance contribute to the pathogenesis of a number of inflammatory, autoimmune and neoplastic diseases in mammals. The discovery of a population of suppressive CD4+ T cells characterized by high constitutive expression of the IL-2R $\alpha$  chain (CD25) led to remarkable progress in elucidating the phenomenon of cell-mediated suppression and its importance in self-tolerance and regulation of adaptive immune responses [1-3]. One of the key mechanisms of peripheral tolerance and a critical component of the host immune system, CD4<sup>+</sup>CD25<sup>+</sup>FOXP3<sup>+</sup> regulatory T cells (Tregs), have been described in detail in humans and mice [4,5]. Naturally occurring regulatory T cells (nTregs) form a distinct thymusderived lineage in both mice [6] and humans [7], which possesses the capacity to suppress activation and function of effector T cells as well as APCs such as dendritic cells (DCs), monocytes and B cells [8,9]. Conversely, APCs have an important role in nurturing peripheral Treg populations. It has been shown that immature DCs and alternatively activated macrophages are able to induce Tregs *de novo*, and that these properties are dependent on the expression of surface co-stimulatory molecules and the production of soluble factors such as IL-10 and indoleamine 2,3-dioxygenase (IDO) by the APC subpopulations [5,10]. Similar to effector T cells, the function of nTregs has been shown to be dependent on activation via the T cell receptor complex. However, once appropriately activated, this regulatory function was found to be antigen nonspecific [2,11]. Thus, on antigen encounter, nTregs create a tolerogenic milieu in order to downregulate aberrant or harmful immune responses [5]. Although the majority of Tregs develop in the thymus, induction of peripheral Tregs, which is dependent on immature DCs, is thought to be a major source of adaptive regulatory T cells [10]. Utilizing transgenic and knockout mice, Anderson et al. convincingly demonstrated that Tregs could directly induce naïve CD4<sup>+</sup> T cells to become FOXP3<sup>+</sup> (forkhead box P3 transcription factor) induced Tregs (iTregs), and that these iTregs possess potent suppressive function both in vitro and in vivo [12]. This conversion of iTregs by nTregs is mediated by TGF- $\!\beta\!,$  and empowers Tregs to maintain homeostasis, promote immune tolerance, and regulate host defense against foreign pathogens. TGF- $\beta$  paralyzes cell activation and differentiation suppressing immune responses, converts naïve T cells into Tregs combating inflammation and infection, and prevents Tregs from undergoing apoptosis [13]. Multiple studies in humans and animals have shown that continuous high expression of FOXP3 is required to maintain Treg suppressive activity and divert conventional T cells into regulatory phenotypes. With limited expression of FOXP3, the recognizable immunosuppressive function can be lost [4,14]. Several studies show that monocytes and macrophages are not limited to presenting antigens to effector T cells thus stimulating and shaping T cell-mediated immune responses: like DCs (the most potent professional APCs), they also are capable of priming naïve T cells, thus initiating adaptive immune responses [15-19]. Recently, monocytes and macrophages have been identified as important APCs directly controlling development, recruitment, and suppressive activity of Tregs in humans and mice [20-22] or differentiating into DCs that induce Tregs [23].

Although several recent studies have reported accurate

phenotypic identification and functional characterization of canine Tregs, comprehensive functional information, especially on the role of professional APCs in Treg generation, has not yet been produced. While the early studies provided indirect evidence of Tregs in the dog, a number of recent studies have examined changes in the proportion of CD4+FOXP3+ T cells occurring in canine cancer, reviewed in Garden et al., 2011[24]. The proportion of CD4<sup>+</sup>FOXP3<sup>+</sup> T cells in blood and tumor-draining lymph nodes of dogs diagnosed with a variety of neoplasms have been shown to be significantly increased compared to healthy control animals, and the number of Tregs has been shown to have a positive correlation with tumor stage and a negative correlation with the number of Th1 and cytotoxic T cells [25-27]. However, not all studies of canine tumors have yielded such a clear message [24]. Recently, several reports have provided direct evidence of the regulatory function of canine CD4+CD25<sup>high</sup>FOXP3+ T cells by inhibiting the proliferation of responder T cells in mixed leukocyte reactions or effector T cells [28,29]. Importantly, the CD4<sup>+</sup> T cells with the highest CD25 expression were enriched for FOXP3 [30], showing the regulatory function of highly pure CD4+CD25<sup>high</sup> T cells in classical suppression assays [11]. Current studies are focused on elucidating the mechanisms of Tregmediated suppression and their implications in a number of canine diseases [24].

Liposomeencapsulated clodronate (LC) or dichloromethylenebisphosphonate is being used in various types of research and treatments in many different fields of the scientific and medical communities [31-34]. When encapsulated in liposomes in order to promote and facilitate uptake into professional phagocytes, including both DCs and monocytes/macrophages, clodronate is metabolized to a toxic ATP analog, adenosine 5'-(beta, gammadichloromethylene) triphosphate, with the end result being the lysis of the mitochondrial membrane within the host monocytes/ macrophage. This leads to the induction of apoptosis, therefore depleting the number of viable monocytes/macrophages and DCs that are available for immune responses [35,36], which facilitates exploration of the role of APCs in various immune processes.

In this current study, we assessed the role of LC-dependent professional phagocyte depletion on the number and phenotype of CD4<sup>+</sup>CD25<sup>+</sup>FOXP3<sup>+</sup> regulatory T cells in dogs.

#### **MATERIALS AND METHODS**

#### Animals

Four healthy adult greyhounds and four healthy Walker hounds were used for the pilot and main studies, respectively. Health was confirmed based on physical examination, complete blood count (CBC), serum biochemistry, and urinalysis. CBC and serum biochemistry were completed by the Mississippi State University College of Veterinary Medicine Diagnostic Laboratory Services (CVM-DLS). Immediately prior to the study, all dogs were also confirmed to be negative for infectious disease using a point of care test for heartworm antigen and *Borrelia burgdorferi, Anaplasma phagocytophilum/Anaplasma platys* and *Ehrlichia canis/Ehrlichia ewingii* antibodies (SNAP 4Dx Plus, IDEXX Laboratories Inc., Westbrook, ME), and by serologic (IFA) and PCR testing for *Babesia canis* and *gibsoni*. Three of the 4 greyhounds had a past history of *Babesia canis* positivity by either

IFA or PCR testing approximately one year prior to the current study, but were confirmed to be persistently negative for *Babesia* over a subsequent six month period by multiple serial PCR and IFA assays performed before, during and after the current study. All animals were cared for according to guidelines approved by the Mississippi State University Institutional Animal Care and Use Committee (IACUC), and were housed in a university setting under standard conditions. The Mississippi State University animal facilities and program are accredited by the American Association for Accreditation of Laboratory Animal Care. The study was approved by the Mississippi State University IACUC in March 2012, protocol number 12-018.

#### Treatment

In an initial pilot study designed to obtain preliminary data, liposome encapsulated clodronate (dichloromethylenedisphosphonic acid disodium salt, SIGMA, encapsulated into liposomes at Colorado State University) was administered to the four greyhounds at a low (0.5 ml/kg) dose via slow intravenous infusion at a constant rate into an indwelling peripheral venous catheter over a 90-minute period, using an infusion pump. Two weeks later, the study was repeated at a medium LC dose (1 ml/kg over 90 minutes), and then, two months later, at a high LC dose (2 ml/kg).

In a subsequent main study, liposome encapsulated clodronate (Encapsula NanoSciences, Nashville, TN) was administered to three Walker hounds at a single medium dose (1 ml/kg) via slow intravenous infusion at a constant rate into an indwelling peripheral venous catheter over a 90-minute period, using an infusion pump.

In both studies, one Walker hound that received no treatment was used as a negative control.

#### Study design

In the initial 4 dog greyhound pilot study, the dogs were administered LC as part of another unrelated project, and Tregs were measured at irregular intervals (timing as dictated by the unrelated project) in order to generate preliminary data for the subsequent main study. Briefly, Tregs were evaluated via flow cytometry in all greyhounds 3 days prior and 4 and 11`days after the low LC dose, 4, 11 and 18 days after the medium LC dose, and immediately prior to and 7 days after the high LC dose. The samples collected prior to the low and high LC doses were considered to be baseline samples, and the remaining samples were considered to be post-treatment samples.

In the subsequent 3 dog Walker hound main study, the dogs were only administered the medium dose of LC. Briefly, Tregs were evaluated via flow cytometry on multiple occasions (4 different days over a 1 week period) prior to exposure to LC in order to establish baseline values. Tregs were then re-evaluated 1, 3, 6, 8 and 10 days after administration of LC. Total blood cell counts and peripheral monocyte levels were measured in addition to Tregs.

#### **Reagents and antibodies**

BD Pharm Lyse<sup>™</sup> (10X) lysing solution (BD Biosciences) was used to remove red blood cells from the white blood samples collected in EDTA tubes.

Fluorescein-conjugated mouse anti-canine CD14 mAbs (LS-C43762, Lifespan Biosciences, Inc.) were used to stain monocytes. Stainings with isotype control mAbs were omitted due to the clear separation of the CD14+ monocyte populations. Fluorescein-conjugated rat anti-canine CD4 (LS-C127352, Lifespan Biosciences, Inc), Phycoerythrin (PE)-conjugated mouse anti-canine CD25 (P4A10) and the FOXP3 Staining Buffer Set (including Fixation/Permeabilization Diluent, Fixation/ Permeabilization Buffer) and allophycocyanin (APC)-conjugated rat anti-canine FOXP3 mAbs (FJK-16s) (all from eBioscience Inc.) were used to stain regulatory T cells. Appropriate Fluorescence Minus One (FMO) controls recommended for the multicolor analysis were used in all staining panels.

#### **Cell Preparation**

**Monocytes:** Whole blood samples collected in EDTA were incubated with FITC-conjugated anti-CD14 mAbs for 30 minutes in the dark at 4°C. To lyse and remove red blood cells, samples were incubated with BD Pharm Lyse ™ lysing buffer for 15 minutes in the dark at room temperature, gently vortexing every 5 minutes. The resulting cell populations were washed and analyzed by flow cytometry.

**Regulatory T cells:** Whole blood samples collected in EDTA were incubated with FITC-conjugated anti-CD4 and PE-conjugated anti-CD25 mAbs for 30 minutes in the dark at 4°C. To remove red blood cells, samples were incubated with BD Pharm Lyse  $^{\text{m}}$  lysing buffer for 15 minutes in the dark at room temperature, gently vortexing every 5 minutes. Red blood cells were removed, and the remaining cell populations were washed and stained with anti-FOXP3 staining buffer set following the manufacturer's instructions. Briefly, cells were incubated with fixation/permeabilization solution for 30 minutes in the dark at 4°C, washed twice with permeabilization buffer followed by incubation with APC-conjugated anti-FOXP3 mAbs for 30 minutes in the dark at 4°C. After a single wash, cells were then analyzed by flow cytometry.

**Flow cytometry:** Red blood cell-depleted canine PBMCs were gated based on their relative size and granularity using forward and side scatters (FSC and SSC, respectively) with a FACSCalibur Flow Cytometer (Becton Dickinson). Immunofluorescent staining was analyzed using FlowJo 7.6.4 Software (Tree Star, Inc.). The CD14 immunofluorescent staining in canine monocytes was analyzed by using single histogram statistics (Figure 1). A threecolor analysis was performed to assess the FOXP3 staining by gating on CD4<sup>+</sup>CD25<sup>+</sup> double positive T cells, and analyzed by using single histogram statistics (Figure 2). In addition, the intensity of the CD25 fluorescence in the CD4<sup>+</sup>FOXP3<sup>+</sup> cells was assessed by using dot plots with multiple gate statistics (Figure 3).

**Statistical analysis:** Regulatory T cell marker-specific populations were expressed as a percentage of the total lymphocyte numbers or as absolute cell numbers. CD14\* monocyte populations were expressed as a percentage of PBMC. Then, data was subjected to a one-way analysis of variance (ANOVA) followed by Fisher's LSD multiple comparison post hoc test and are presented as means ± SD. The level of significance for all tests of effects was set at P<0.05.

#### **RESULTS**

#### Pilot Study: Liposomal clodronate exposure promotes increases in the proportions of CD4<sup>+</sup>CD25<sup>+</sup>FOXP3<sup>+</sup> regulatory T cells in greyhounds

To develop a preliminary understanding of the effects of depletion of monocytes and other professional phagocytes on Tregs levels in dogs, we used flow cytometry to assess the proportion of peripheral blood Tregs in 4 healthy greyhounds treated with different doses of LC. The percentage of CD4<sup>+</sup>CD25<sup>+</sup>FOXP3<sup>+</sup> Tregs increased in greyhounds treated with low, medium and high doses of LC, with an average post-treatment increase above baseline values of 30.47% (Figure 4).

Minimal clinical signs or negative effects were witnessed in greyhounds at low and medium LC doses, although one dog had a mild fever of one day duration, with transient slight inappetance and mild diarrhea, after receiving the medium LC dose. At the high LC dose, the greyhounds developed more marked clinical signs, including fever of up to 2 days duration, transient vomiting and diarrhea, clear nasal discharge, and mild general malaise.

# Main Study: Effects of LC treatment on peripheral blood regulatory T cells and monocytes in Walker hounds

In order to further investigate possible mechanisms of the LCdependent increases in regulatory T cells seen in our pilot study, we assessed levels of CD4<sup>+</sup>CD25<sup>+</sup>FOXP3<sup>+</sup> Tregs (both proportion and absolute numbers) and CD14<sup>+</sup> monocytes in Walker hounds challenged with medium dose LC. We elected to use the medium dose in order to maximize effects on Tregs without causing side effects of the magnitude seen with higher LC doses, and we used purpose-bred Walker hounds instead of greyhounds to ensure that drug effects were not breed-specific or related to potential past exposure to infectious agents. As expected, CD14<sup>+</sup> monocyte numbers following treatment with medium doses of LC were significantly decreased in all Walker hounds within 1 day of drug exposure, and then significantly increased above baseline 3 days after treatment before then declining to numbers that were slightly above initial baseline levels by 6 days after LC challenge (Figure 5). Based on changes in CD14<sup>+</sup> monocyte numbers in response to LC, results of associated Treg testing were divided into 4 categories: *Baseline* (all pre-treatment results, designated Day -8 to Day -1), *Phase* 1 (the first day after LC, associated with a marked decline in monocyte numbers, designated Day 1), *Phase 2* (Day 3, associated with a marked increase in monocyte numbers), and *Phase 3* (Days 6-10, when monocyte numbers returned to near baseline levels).

After administration of medium doses of LC, the percentage of CD4<sup>+</sup>CD25<sup>+</sup>FOXP3<sup>+</sup> Tregs as a proportion of all CD4<sup>+</sup>CD25<sup>+</sup> cells dropped slightly below baseline values on the first day after LC exposure, before rising above baseline values for the remainder of the study (Figure 6A). Changes in Treg percentages did not, however, achieve statistical significance. However, when total blood cell counts were used to calculate total numbers of CD4<sup>+</sup>CD25<sup>+</sup>FOXP3<sup>+</sup> Tregs after medium dose LC, total Treg numbers dropped markedly below baseline values on Day 1 (*Phase 1*), before rising to levels significantly above baseline levels for the remainder of the study (*Phases 2 and 3*) (Figure 6B).

## Main Study: CD4<sup>+</sup>CD25<sup>1</sup> are the major regulatory T cell subset affected by LC exposure

Previously reported data in humans and dogs has demonstrated that, although the population of CD4<sup>+</sup>CD25<sup>+</sup> T cells contains Tregs, other cells such as recently activated pathogenic T cells may also fall in this phenotypic subset [37,38]. Amongst CD4<sup>+</sup>CD25<sup>+</sup> T cells, the cells that stain brightest for CD25 have been shown to be the most highly enriched FOXP3<sup>+</sup> Tregs [37,38]. To identify the population of Tregs selectively targeted by exposure to LC, we applied multiple gate statistics for the assessment of

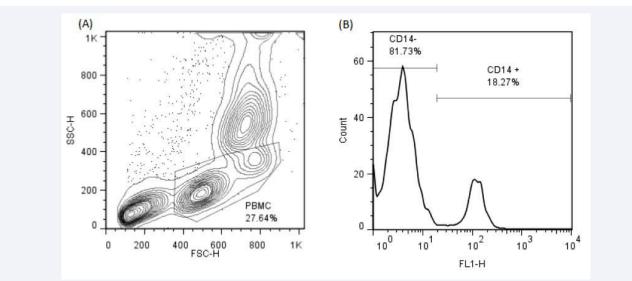
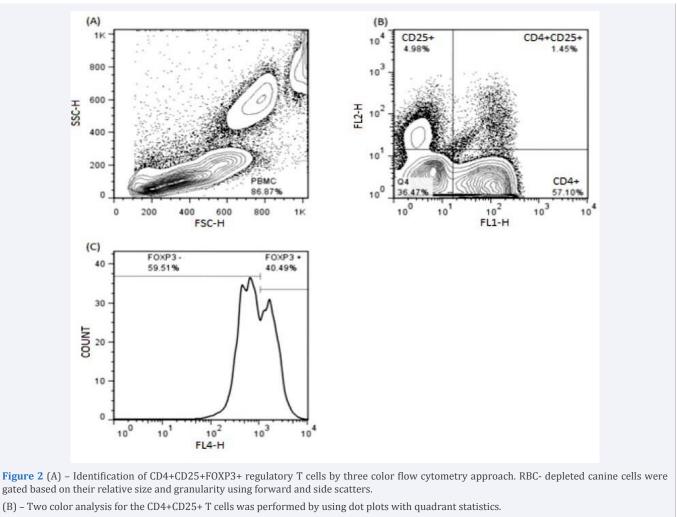


Figure 1 (A) – Assessment of CD14+ monocytes by flow cytometry. RBC-depleted canine cells were gated based on their relative size and granularity using forward and side scatters.

(B) – The CD14 immunofluorescent staining in canine monocytes was analyzed by using single histogram statistics.



(C) – The FOXP3 staining intensity was analyzed by using single histogram statistics.

CD25 fluorescence intensity in CD4<sup>+</sup>CD25<sup>+</sup>FOXP3<sup>+</sup> T cells (Figure 7). There was an increase in the percentage of CD4<sup>+</sup>CD25<sup>+</sup>FOXP3<sup>+</sup> T cells expressing low, medium and high levels of CD25 3 days after treatment, compared to baseline levels, and this effect persisted for the duration of the study, although the increase was statistically significant only in CD4<sup>+</sup>CD25<sup>low</sup>FOXP3<sup>+</sup> Tregs on during Day 3 (*Phase 2*).

#### **DISCUSSION**

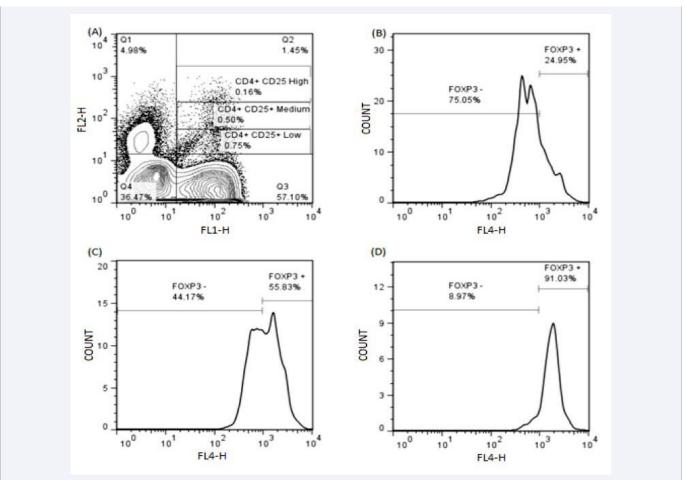
Regulatory T cells (CD4<sup>+</sup>CD25<sup>+</sup>FOXP3<sup>+</sup> T cells) have been well described in both humans and mice, and have been shown to be essential for healthy function of the mammalian immune system. Regulatory T cells are critical for regulation of tolerance, and they have an important role in suppressing pathological immune responses in autoimmune disease, transplantation, and graft-versus-host disease. Monocytes and macrophages have an important relationship with T cell function: in addition to presenting antigens to effector T cells and stimulating T cell mediated immune responses, monocytes and macrophages have also been shown to play an essential role in the production of regulatory T cells. Recent studies have demonstrated that monocytes and macrophages are responsible for initiating adaptive immunity by the priming of naïve T cells, triggering

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the generation of new Tregs, a critical subset of T cells [20-22]. Furthermore, specific Tregs acquire suppressive activity through activation by DCs and their progenitor monocytes and expression specific antigens by these cells [39].

Compared to humans and mice, less is known about the functional purpose and clinical relevance of Tregs in dogs. Recent studies have provided initial phenotypic and functional characterization of Tregs within the canine system [26,29,30]. Furthermore, data from recent work indicate that either increased or decreased numbers of Tregs are associated with various disease conditions or vaccination [26,29,40-44]. Our current study expands on previous research by assessing the possible role of professional APCs on the proportions and phenotypes of regulatory T cells in healthy dogs treated with liposome encapsulated clodronate.

Liposome encapsulated clodronate has many uses, both in research and for the treatment of autoimmune diseases, based on the drug's ability to cause transient marked depletion of macrophages [32-34, 45-47]. In dogs, LC has been used to treat immune-mediated hemolytic anemia and malignant histiocytosis [34,48]. The goal in utilizing LC in our study was to transiently deplete monocyte, macrophages and immature DCs in dogs, thus





(B, C, D) – FOXP3 histograms of T cells of low, medium, and high CD25 fluorescence intensity, respectively.

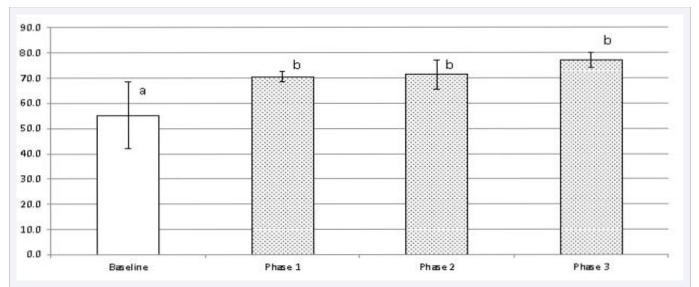
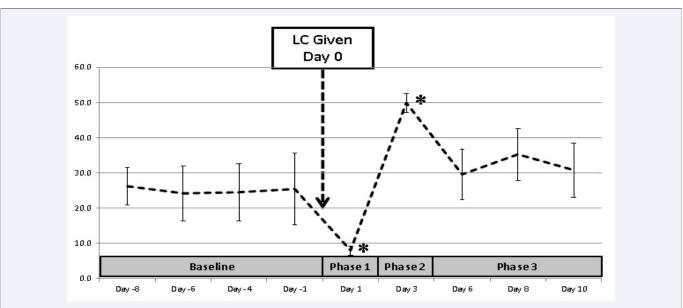
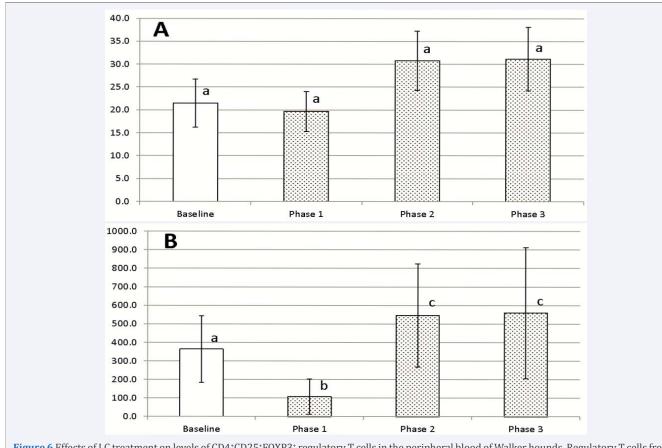


Figure 4 LC exposure promotes increases in regulatory T cell populations in dogs.

Regulatory T cells from 4 healthy greyhounds exposed to low (0.5 ml/kg), medium (1 ml/kg), and high (2 ml/kg) doses of LC in a pilot study were assessed by a three color flow cytometry approach. Data are expressed as % Tregs of total CD4<sup>+</sup>CD25<sup>+</sup> T cells (mean ± SD), with pre-treatment results (Baseline) compared with post-treatment results at the three doses.<sup>a,b</sup> Means containing the same superscript are not significantly different from each other (P<0.05).



**Figure 5** Effects of LC treatment on CD14<sup>+</sup> monocyte levels in the peripheral blood of Walker hounds. Monocytes from 3 healthy dogs exposed to a medium dose of LC (1 ml/kg) were assessed by one color flow cytometry analysis. Data are expressed as % CD14<sup>+</sup> monocytes of total PBMC (mean  $\pm$  SD) both before (Day -8 to -1) and after (Day 1 to Day 10) administration of LC on Day 0. Based on changes in CD14<sup>+</sup> monocyte numbers in response to LC, results of associated Treg testing were divided into 4 categories: *Baseline* (all pre-treatment results), *Phase 1* (Day 1, associated with a marked decline in monocyte numbers), *Phase 2* (Day 3, associated with a marked increase in monocyte numbers), and *Phase 3* (Days 6-10, when monocyte numbers returned to near baseline levels). \* indicates group differences from baseline (P<0.05).



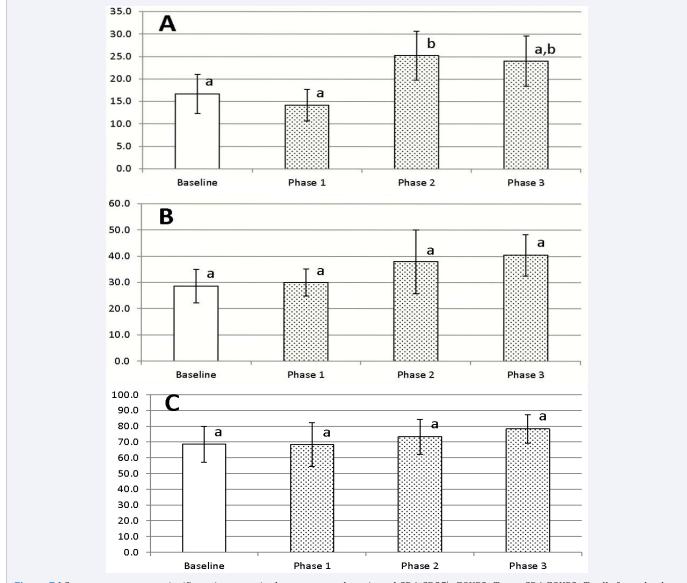
**Figure 6** Effects of LC treatment on levels of CD4<sup>+</sup>CD25<sup>+</sup>FOXP3<sup>+</sup> regulatory T cells in the peripheral blood of Walker hounds. Regulatory T cells from 3 healthy dogs exposed to a medium dose of LC (1 ml/kg) were assessed by three color flow cytometry analysis at *Baseline* (all pre-treatment results), *Phase 1* (Day 1 post-treatment), *Phase 2* (Day 3), and *Phase 3* (Days 6-10). (A) – % Tregs of total CD4<sup>+</sup>CD25<sup>+</sup>T cells (B) – Absolute numbers of Tregs. Data are expressed as mean ± SD. <sup>ab,c</sup> Means containing the same superscript are not significantly different from each other (P<0.05).

allowing for evaluation of the role of these APCs on levels and phenotypes of regulatory T cells.

Contrary to the data in humans and mice, the role of APCs in the generation of Tregs within canine system is still unknown. For the first time, this study evaluated proportions and phenotypes of canine regulatory T cells in canine peripheral blood depleted of professional cell APCs, utilizing LC. Our results demonstrate that treatment with liposome encapsulated clodronate causes a transient marked decline in numbers of circulating CD14<sup>+</sup> monocytes in experimental dogs, a finding that reflects the well described mechanism of action of LC. A comparable transient decline was also observed in absolute Treg numbers as well as in total PBMC numbers following LC exposure. The effects of LC on non-phagocytic white blood cells are not known, and our data do not exclude possible contact-

dependent pro-apoptotic mechanisms triggered by LC in nonphagocytic PBMCs, in particular T cells. However, the transient marked decline in circulating monocytes was not associated with a concurrent significant decline in the proportion of circulating Tregs. Persistence of a stable proportion of CD4\*CD25\*FOXP3\* peripheral blood cells in LC-treated dogs during the initial phase of the treatment timeline is in agreement with previously reported evidence that, on antigen encounter or during any changes in homeostasis, Tregs are present in sufficient numbers to create and maintain a tolerogenic milieu [5]. Our data suggest that LC exposure created an aberrant and potentially harmful environment due to the observed short term 20-30% decrease in viable white blood cell numbers as observed on CBC.

Our results also demonstrate that, after an initial decline associated with LC treatment, circulating CD14 $^{*}$  monocyte



**Figure 7** LC exposure promotes significant increases in the most recently activated CD4<sup>+</sup>CD25<sup>low</sup>FOXP3<sup>+</sup> Tregs. CD4<sup>+</sup>FOXP3<sup>+</sup> T cells from the dogs exposed to LC were gated based on brightness of CD25 staining resulting in separation into low, medium, and high expressers of CD25. (A) – Low CD25 expressors (B) – Medium CD25 expressors (C) – High CD25 expressors. Data are presented as % FOXP3<sup>+</sup>Tregs of CD4<sup>+</sup>T cells with low, medium and high CD25<sup>+</sup> expression (mean ± SD). <sup>a,b</sup> Means containing the same superscript are not significantly different from each other (P<0.05).

numbers then recover and, in fact, transiently increase to above baseline levels. In parallel with the increase in monocyte numbers, absolute Treg numbers also increase above baseline levels. This rise in Treg numbers may be a compensatory increase that reflects initiation of adaptive immune responses by production of new Tregs via activation from naïve T cells in the periphery.

We report that CD4+CD25  $^{\rm low}FOXP3^{\scriptscriptstyle +}$  Tregs are the major regulatory T cell subset affected by LC exposure, and that proportions of these particular Tregs significantly increase by 3 days after treatment with LC. Previous studies in dogs [30] and humans [37,38,49,50] have demonstrated that CD4<sup>+</sup> T cells with the highest CD25 expression are the most enriched for FOXP3. Pinheiro et al. showed that isolated CD4<sup>+</sup>CD25<sup>high</sup>FOXP3<sup>+</sup> Tregs, which are frequently considered to be the canonical nTregs, were alone able to effectively suppress the proliferation of responder CD4<sup>+</sup> T cells *in vitro* [30]. However, although the top CD25<sup>bright</sup> gate most reliably identifies a highly enriched FOXP3<sup>+</sup> population of Tregs, focusing on these cells alone significantly underestimates the frequency and functional importance of FOXP3<sup>+</sup> cells in most individuals [38]. Chen et al. reported that human peripheral blood FOXP3<sup>+</sup> cells are present in CD25<sup>high</sup>, CD25<sup>low</sup> and even CD25<sup>-</sup> subsets of CD4<sup>+</sup> cells, and that co-expression of TNFR2 and CD25 identifies more of the functional CD4+FOXP3+ Tregs than does focusing on the top  $CD25^{bright}$  T cells [49]. A complete understanding of the functional properties of Tregs with low and intermediate expression of CD25 is still lacking, and the utilization of the degree of CD25 expression alone to define functional Tregs is not sufficient, as this IL-2R  $\alpha$ -chain does not discriminate regulatory from activated effector or memory T cells. Therefore, more reliable surface markers selectively expressed on functional Tregs are required [49].

Our study demonstrated that the significant increase in the proportion of the lowest CD25 expressers of amongst the population of CD4<sup>+</sup>CD25<sup>+</sup>FOXP3<sup>+</sup> cells seen during recovery from LC exposure occurs concurrently with an increase in CD14<sup>+</sup> monocyte numbers, and suggests a possible direct or indirect role for monocytes in the active recruitment of peripheral blood memory Tregs and/or generation of Tregs from naïve CD4<sup>+</sup> peripheral blood T cells. Our data are in agreement with multiple studies that identified monocytes as important professional APCs capable of priming naive CD4<sup>+</sup> T cells into regulatory T cell subsets, either directly or indirectly, by differentiating into DCs [20-23].

#### **CONCLUSION**

The increases within the lowest CD25 expressers of CD4<sup>+</sup>FOXP3<sup>+</sup> cells together with significant compensatory gains in the proportion of CD14<sup>+</sup> monocytes during compensatory and normalization periods suggest the possible direct or indirect roles of monocytes in active recruitment and generation of Tregs from naïve CD4<sup>+</sup> peripheral blood T cells. Further research is essential in creating a working understanding of the mechanisms of canine CD4<sup>+</sup>CD25<sup>+</sup>FOXP3<sup>+</sup> Treg induction, and the role of professional APCs monocytes and DCs in their generation.

In conclusion, APCs such as monocytes, macrophages and DCs play a major role in shaping protective adaptive immune responses in dogs, as has been demonstrated in humans and

mice, and a drug-induced decrease and subsequent increase in APC numbers appears to lead to an associated conversion of naïve T cells into suppressive FOXP3-expressing Tregs. Further research is essential to create a working understanding of canine CD4+CD25+FOXP3+ Tregs and the role of professional APCs in their generation.

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