

## Editorial

# Vagina Odor, Vagina Health, Issue for Women's Health

Viroj Wiwanitkit\*

Department of Tropical Medicine, DY Patil University, India

## EDITORIAL

The reproductive health is an important concern. In women's health, the good reproductive health is necessary. The main female reproductive organs are ovary, uterus, vagina, cervix, vulva and breast. The good and healthy status of the female reproductive organs is important for every woman. To manage a female patient, the practitioner has to completely and holistically manage the patient. The standard classical western health examination, inspection, palpation, percussion and auscultation are necessary. However, based on the classical traditional Chinese medicine system, another important health examination skill is smelling. Sensing the odor is important. In fact, the odor change is also an important clinical sign in medicine including to gynecology. The abnormal malodor from vagina is an important in women. The cause of bad odor might be due to several conditions. The well-known pathological conditions are infections and cancers. However, the change of vagina odor

## \*Corresponding author

Viroj Wiwanitkit, Department of Tropical Medicine, DY Patil University, India, Email: wviroj@yahoo.com

Submitted: 01 December 2018

Accepted: 03 December 2018

Published: 03 December 2018

ISSN: 2578-3696

## Copyright

© 2018 Wiwanitkit

OPEN ACCESS

is also due to physiological change due to food ingestion. Some foods are proven beneficial and can reduce the vaginosis and the unwanted vagina malodor [1]. The best example is yogurt [1,2]. In women's health, practitioner should not overlook the importance of vaginal odor. Asking your patient about her vagina odor might give the clue for early diagnosis of many medical problems.

## REFERENCES

1. Laue C, Papazova E, Liesegang A, Pannenbeckers A, Arendarski P, Linnerth B, et al. Effect of a yoghurt drink containing Lactobacillus strains on bacterial vaginosis in women - a double-blind, randomised, controlled clinical pilot trial. *Benef Microbes*. 2018; 29: 9: 35-50.
2. Tasdemir M, Tasdemir I, Tasdemir S, Tavukcuoglu S. Alternative treatment for bacterial vaginosis in pregnant patients; restoration of vaginal acidity and flora. *Arch AIDS Res*. 1996; 10: 239-241.

**Cite this article**

Wiwanitkit V (2018) Vagina Odor, Vagina Health, Issue for Women's Health. *JSM Women's Health* 3(1): 1011.